## Elizabeth Lee Black Lunch Summer Menu

## July-August 2023



				THE NUTRITION GROUP
		<u>5.</u>	<u>6.</u>	<u>7.</u>
		Crispy Chicken Patty on a Bun Baked Beans Assorted Fruit Milk	Macaroni and Cheese w/ Sliced Bread Steamed Peas Assorted Fruit Milk	Cheese Pizza Steamed Mixed Vegetables Assorted Fruit Milk
<u>10.</u>	<u>11.</u>	<u>12.</u>	<u>13.</u>	<u>14.</u>
Juicy Cheeseburger on a Bun Steamed Corn Assorted Fruit Milk	Grilled Cheese Sandwich Steamed Green Beans Assorted Fruit Milk	Beef and Cheese Nachos w/ Sliced Bread Homestyle Refried Beans Assorted Fruit Milk	Crispy Chicken Nuggets w/ Fresh Sliced Bread Steamed Carrots Assorted Fruit Milk	Cheese Pizza Steamed Cauliflower Assorted Fruit Milk
<u>17.</u>	<u>18.</u>	<u>19.</u>	<u>20.</u>	<u>21.</u>
Crunchy Fish Sticks w/ Fresh Bread Vegetarian Beans Assorted Fruit Milk	Sweet & Sour Diced Chicken W/ Rice Steamed Golden Corn Assorted Fruit Milk	Pepperoni & Cheese Calzone Steamed Green Beans Assorted Fruit Milk	Pasta & Meatsauce w/ sliced bread Steamed Carrots Assorted Fruit Milk	Cheese Pizza Steamed Cauliflower Assorted Fruit Milk
<u>24.</u>	<u>25.</u>	<u>26.</u>	<u>27.</u>	<u>28.</u>
Fiestada Pizza Refried Beans Assorted Fruit Milk	Meatball & Mozzarella Hoagie Steamed Cauliflower Assorted Fruit Milk	Juicy Cheeseburger on a Bun Steamed Broccoli Assorted Fruit Milk	Crispy Chicken Patty on a Bun Oven Roasted Carrots Assorted Fruit Milk	Cheese Pizza Steamed Peas Assorted Fruit Milk
31.  Grilled Cheese Sandwich Steamed Carrots Assorted Fruit Milk	1. French Toast Sticks w/ sausage patties Crispy Tater Tots Assorted Fruit Milk	2. Chicken & Broccoli Alfredo Steamed Broccoli Assorted Fruit Milk	3. BBQ Pork on Hamburger Bun Baked Beans Assorted Fruit Milk	4. Cheese Pizza Steamed Cauliflower Assorted Fruit Milk

Lunch Milk Choices Daily:

Fat Free Chocolate or 1% White

In order to qualify for a reimbursable lunch this meal must include the following components: Meat/Meat Alternate, Fruit, Vegetable, Grains, Milk.

In accordance with Federal law and U.S. Department of Agriculture policy, this institution is prohibited from discrimination on the basis of race, color, national origin, sex, age, or disability. To file a complaint of discrimination, write USDA, Director's Office of Civil Rights, Room 325-W, Whitten Building, 1400 Independence Avenue, SW, Washington DC 20250-9410 or call (202)720-5964 (voice and TDD).